

Diary 2018

February

Wed 14	Ash Wednesday service Prayer Taster: Psalms	10am 11am
Fri 16	Prayer Taster: Stations of the Cross	11am
Mon 19	Prayer Taster: Walk <i>*Relational Prayer</i>	2pm 7.30pm
Wed 21	Prayer Taster: Labyrinth	11am
Mon 26	<i>*Desperate Prayer</i>	7.30pm
Tue 27	Prayer Taster: Examen	7.30pm
Wed 28	Welcome Wednesday: Older & Wiser	12pm

March

Fri 2	Women's World Day of Prayer @ St Paul's	10.30 am
Mon 5	Prayer Taster: Walk <i>*Healing Prayer</i>	2pm 7.30pm
Tue 6	Prayer Taster: Taizé	7.30pm
Wed 7	Prayer Taster: Anglican Prayer Beads	11am

Venues

Most services and Prayer Taster Sessions are in St Mary & St Nicolas Church.

**Aspects of Prayer* sessions are in Spalding Baptist Church, Swan Street

Contacts

The Parish Office is open
Monday - Friday 9.30am - 12.30pm
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March (continued)

Fri 9	Prayer Taster: Stations of the Cross	11am
Mon 12	<i>*Reflective Prayer</i>	7.30pm
Tue 13	Prayer Taster: Examen	7.30pm
Wed 14	Prayer Taster: Psalms	11am
Fri 16	Prayer Taster: Stations of the Cross	11am
Mon 19	Prayer Taster: Walk <i>*Conversational Prayer</i>	2pm 7.30pm
Tue 20	Prayer Taster: Taizé	7.30pm
Wed 21	Prayer Taster: Psalms	11am
Sun 25	Palm Sunday: Walk from Holland Market to United Service in church	10.15am
Mon 26	Holy Communion Night Prayer & Guided Meditation	10am 8pm
Tue 27	Holy Communion Night Prayer & Guided Meditation	10am 8pm
Wed 28	Holy Communion Welcome Wednesday: Faith & Flowers Night Prayer & Guided Meditation	10am 12pm 8pm
Thu 29	Maundy Thursday: Meal, Eucharist and short Vigil	7pm
Fri 30	Good Friday: Walk to Hall Place for United Service Communion at the Cross Taizé @ St John's	10.15am 2pm 8pm

April

Sun 1 Easter Sunday

8am	Holy Communion
9.30am	Family Communion
11am	Parish Eucharist
6.30pm	Evensong



LENT 2018

14 February - 1 April

**Be Still
and Know
that I AM God**

Psalm 46:10



Prayer

St Mary & St Nicolas Church, Spalding

www.stmaryandstnicolas.org.uk

Prayer Taster Sessions

In Christ's Footsteps: Stations of the Cross

Using bible readings, with spoken reflections, and prayers, The Revd Alan Fiddymont introduces and leads a devotional walk in church on three Fridays at 11am : 16 Feb (Part 1), 9 Mar (Part 2) & 16 Mar (All)

Anglican Prayer Beads

Make your own tool to aid deepening prayer, bringing mind and body together. The Revd Aileen Workman introduces these prayer beads (all materials provided) at 11am on Wednesday 7 Mar.

Labyrinth

Come and walk a labyrinth, which is circular, with one path to the centre and back. Walking it allows for meditation and prayer in a very personal way. The Revd Aileen Workman introduces prayer labyrinths in the church hall at 11 am on Wednesday 21 Feb.

Taizé Prayer

Prayer in the style of Taizé includes bible readings, silence, intercessions, bible chants which are easy to sing, introduced by Stephanie Bratley, on two Tuesdays at 7.30pm: 6 & 20 Mar.

The Examen

Try a simple way that everyone can pray alone, reviewing each day in God's presence. Sue Slater introduces the examen at 7.30pm on two Tuesdays: 27 Feb & 13 Mar.

Psalms Bible prayers called psalms express many emotions, including joy, anger, and despair. Dr Peter Gorton explores ways of praying psalms with words and music on three Wednesdays at 11am: 14 Feb, 14 & 21 Mar.

Prayer Walk Each time we walk around a different area of the town and stop at appropriate places to pray quietly for what is nearby. The Revd John Bennett leads walks from church at 2 pm on three Mondays: 19 Feb, 5 & 19 Mar.

Women's World Day of Prayer

**Friday 2 March 10.30am at
St Paul's Church, Holbeach Road**

***Aspects of Prayer
teaching & practice***
**Five Mondays from 19 February
7.30pm at Spalding Baptist Church**

Prayer and Worship

Sunday Services

8am Holy Communion
9.30am Family Communion
(“Worship for All” on 1st Sunday)
11am Parish Eucharist
6.30pm Evensong

Weekday Services

Wednesday 10am Holy Communion
Monday to Friday 8.30am Morning Prayer
Monday to Thursday 5pm Evening Prayer
Friday 7pm Evening Prayer

Special Services: Lent, Holy Week & Easter

14 February **Ash Wednesday**

10am Holy Communion
with imposition of ashes
5pm Informal service with
choir

4 March **3rd Sunday of Lent**

8am Holy Communion
9.30am Family Communion
11am Parish Eucharist
Preacher at 9.30 & 11:
Fr Stephen Hoy on Prayer
6.30pm Evensong

11 March **Mothering Sunday**

8am Holy Communion
9.30am Worship for All (with
Parades & Holy Communion)
11am Parish Eucharist
6.30pm Evensong

25 March **Palm Sunday**

8am Holy Communion
10.15am Walk from Holland
Market to United
Service in church.
6.30pm Parish Eucharist

Holy Week

Mon 26 March 10am Holy Communion
8pm Night Prayer & Guided Meditation
Tue 27 March 10am Holy Communion
8pm Night Prayer & Guided Meditation
Wed 28 March 10am Holy Communion
12pm Welcome Wednesday:
Faith & Flowers
8pm Night Prayer & Guided Meditation
Thu 29 March **Maundy Thursday**
7pm Meal, Eucharist & short Vigil
Fri 30 March **Good Friday**
10.15am Walk to Hall Place for
United Service
2pm Communion at the Cross

Sun 1 April **Easter Day**

Christ is Risen! He is Risen Indeed! Alleluia!

8am Holy Communion
9.30am Family Communion
11am Parish Eucharist
6.30pm Evensong